

# Lantern Health Membership Benefits and Services

As a Lantern Health member, you have access to the following medical services, with most covered as part of your monthly membership fee, unless otherwise indicated



LANTERN  
HEALTH

## Direct Access

Through the secure Spruce Health app you have 24/7, access to your physician and care team for your unique needs, including the following:

- » **Schedule an appointment**
- » **Ask your care team any question** about your health
- » **Check in about a new or ongoing health issue**
- » **Request a prescription refill**
- » **Connect with your provider for video visits**
- » **Complete a Spruce Visit**, a type of virtual visit with a series of questions, and receive treatment for common medical issues, including allergies, cold and flu, headache, pink eye, rash, sore throat, & UTI

## Visits

Unlimited visits with any provider (physician, nurse, health coach, medical assistant) of the Lantern Health team at no charge or copay to Member.

Visits can be in-office or virtual via text, phone, or video.

## Point-of-Care Lab Tests

Unlimited of the following point-of-care lab tests as directed by provider at no added cost:

- » **Glucose test strip (blood sugar)**
- » **Rapid influenza**
- » **Rapid strep**
- » **Urinalysis**
- » **Urine pregnancy test**

## Included Non Point-of-Care Lab Tests

Up to 10 per year of the following lab tests, collected either in office or through a nearby laboratory partner, LabCorp or Quest, as directed by provider. Beyond 10, pricing as listed below:

Basic metabolic panel (BMP)

Complete blood count (CBC)

Comprehensive metabolic panel (CMP)

C-reactive protein (CRP)

Hemoglobin, capillary for pediatric patients

Hepatitis C antibody

Lead, capillary for pediatric patients

Lipid (cholesterol) panel

Occult blood test, fecal (1 per year)

STD Panel (chlamydia, gonorrhea, HIV, syphilis)  
(1 per year)

Thyroid stimulating hormone (TSH) w/ reflex free T4

Urine microalbumin

Urine culture

*Non-Included Non Point-of-Care Lab Tests listed on attached page.*

## Included Procedures

Unlimited of the following in-office procedures as directed by provider at no added cost.

- » Callus shaving/removal
- » Cryotherapy/freezing of lesions
- » Ear lavage
- » EKG
- » Fluorescein eye exam
- » Hearing screening
- » Incision and drainage
- » IUD/Nexplanon insertion/removal (not including device)
- » Nail avulsion/removal
- » PAP Smear with or without HPV testing (1 per year)
- » Pulmonary function testing
- » Simple wound cleaning and repair, including basic suturing
- » Uncomplicated skin tag or skin lesion removal (not including biopsy)

## Non-Included Procedures

Access to the following in-office procedures as directed by provider with transparent pricing:

- » Skin biopsy: \$50
- » Vasectomy: \$350

## Care Coordination and Referrals.

Coordination and guidance for any health care services required outside of the practice, including specialist referrals, imaging (x-ray, ultrasound, CT, MRI), and support for Members who are hospitalized or require surgery.

Advocacy and guidance for Member in finding high-quality, low-cost options for any health care services required outside of the practice where applicable.

## Vaccinations

Administration of influenza, tetanus vaccinations in office at no added cost.

Administration of other vaccinations as recommended by the CDC with coverage through most insurance plans, including pediatric vaccinations. Confirmation of coverage provided in advance of visit when possible.

## Medications

Our members have access to various common over-the-counter medications at Lantern sold at cost.

Our members have *access to over 300 prescription medications* at wholesale pricing through our local, innovative partner Sona Pharmacy, with detailed pricing as provided on the document "Sona + Lantern Medication Pricing".

## X-ray Imaging

Up to 5 basic x-rays per year through our imaging partner Open MRI, not including mammograms or DEXA scans. Additional x-rays beyond 5 are \$100 per x-ray.

\* The benefits and services listed above are reviewed at least annually and may be revised in accordance with the terms in the Patient Member Agreement with a focus on optimizing the benefits and services offered and the experience of our members.

LANTERN  
HEALTH

direct  
primary  
care

# Lantern Health Membership Benefits and Services

## Non-Included Non Point-of-Care Lab Tests.

Ability to access additional lab tests, as directed by provider, with wholesale, transparent pricing, including but limited to the following:

ACTH, plasma \$12.00

Anti-dsDNA (double-stranded) antibodies \$7.00

Antinuclear antibody (ANA) \$5.00

Anti-SS-A, Anti-SS-B (Sjogren's antibodies) \$9.00

Bilirubin profile, neonatal \$9.00

Bilirubin profile \$3.00

Blood type (ABO grouping and Rh(D) typing \$6.00

Peripheral blood smear, peripheral \$20.00

Borrelia burgdorferi Antibodies, Total by ELISA w/Reflex to IgG and IgM by Immunoblot \$25.00

Brain natriuretic peptide (BNP) \$35.00

C3+C4 complement levels, serum \$15.00

CA-125 \$8.00

Calcium \$3.00

Ceruloplasmin \$8.00

Clostridium test \$ 11.00

Creatine kinase, CK, total \$3.00

Copper \$17.00

Cortisol \$6.00

Culture, wound with gram stain \$25.00

Cyclic Citrullinated Peptide (CCP) Antibody, IgG \$25.00

Cytomegalovirus, IgG/IgM \$45.00

Dehydroepiandrosterone (DHEA) Sulfate \$6.00

Epstein Barr Virus (EBV) Antibody, Viral Capsid x 2 \$ 25.00

Erythrocyte sedimentation rate (ESR) \$3.00

Estradiol (E2) \$7.00

Ferritin \$4.00

Fibrinogen activity \$6.00

Folate \$ 6.00

Follicle-stimulating hormone (FSH) \$ 5.00

GGT \$3.00

H. pylori stool test - Antigen \$40.00

Hepatitis A antibody, IgM \$8.00

Hepatitis A antibody, IgG \$8.00

Hepatitis B surface antigen test \$6.00

Hepatitis B surface antibody \$8.00

Hepatitis B core antibody \$8.00

Hepatitis C genotype \$210.00

Hepatitis C RNA, quantitative by PCR \$160.00

Homocysteine \$14.00

Human chorionic gonadotropin (hCG), Beta, Quantitative \$7.00

## Non-Included Non Point-of-Care Lab Tests (cont.)

Insulin level, fasting \$5.00

Iron, transferrin, and total iron binding capacity (TIBC) \$4.00

Lead, blood \$ 7.00

Lipase \$ 6.00

Lipids with particle size (LDL) and graph \$ 40.00

Lithium level, serum \$ 10.00

Luteinizing hormone (LH) \$5.00

Magnesium \$4.00

Monospot \$7.00

Ova and Parasite \$12.00

Parathyroid Hormone, intact \$9.00

Phosphorous \$3.00

Pinworm exam \$25.00

Progesterone \$8.00

Prolactin \$5.00

Prostate-Specimen Antigen (PSA) test, TOTAL \$5.00

Rheumatoid factor (RF) \$4.00

RSV test \$35.00

SARS-CoV-2 Antibodies, IgG \$50.00

SARS-CoV-2 Antigen, PCR \$100

SARS-CoV-2 Antigen, rapid \$50.00

Sex hormone binding globulin (SHBG) \$10.00

Skin biopsy \$50.00

Testosterone level, total (women, children) LC/MS \$25.00

Testosterone level, total (Male) \$6.00

Tetraiodothyroine (T4), total \$3.00

throat culture \$7.00

Thyroid antibodies (anti-TPO and anti-thyroglobulin) \$16.00

Thyroid receptor antibody \$12.00

Trichomonas vaginalis by PCR \$32.00

Triiodothyronine (T3), free \$4.00

Triiodothyronine (T3), Reverse \$17.00

T-spot TB test \$50.00

Uric acid, serum \$3.00

Urine creatinine, 24 hour \$5.00

Urine drug test (UDS Panel Only) \$17.00

Urine protein to creatine ratio (random) \$9.00

Urine protein, 24 hour \$3.00

Varicella zoster antibody, IgG (screen) \$11.00

Vitamin B1 \$30.00

Vitamin B6 \$27.00

Vitamin B12 \$6.00

Vitamin D, 25-OH \$13.00

Zinc, serum \$9.00